

Hinduism

Main Values



Hindu Deities

Hindus recognise one God, Brahman. The gods of Hinduism are different expressions of Brahman.

These are considered the **Trimurti**
- the three aspects of the universal supreme God.



Vishnu



Brahma

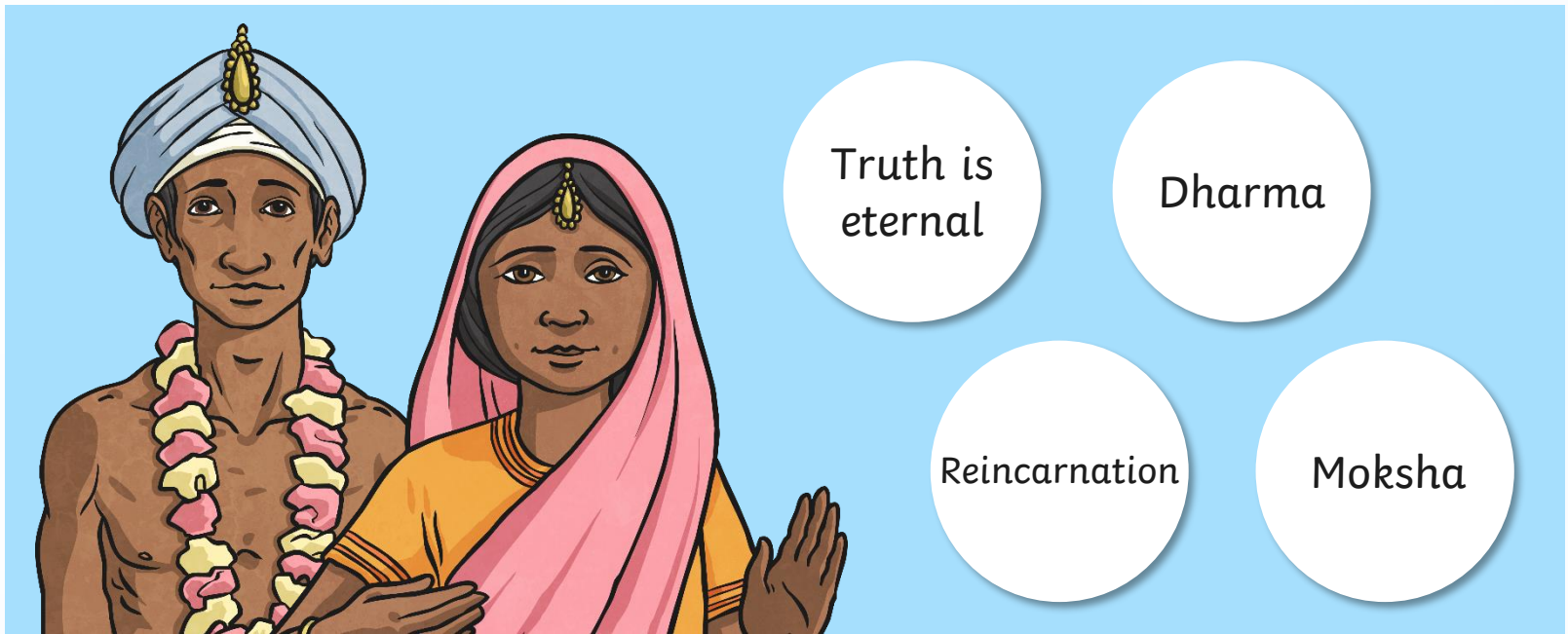


Shiva

Main Beliefs

Hinduism is a religion that has fused many different traditions and practices. There is no one way to be a Hindu.

However, there are some core beliefs that all Hindus share.



Main Beliefs – Reincarnation

Hindus believe that all living things have a soul (athma).

They believe that the soul cannot be destroyed.

Instead they believe in reincarnation, which means the soul exists in the body. When a living thing dies, it enters new living thing.

Karma – good and bad actions committed during one's life – affects which living thing the soul will be reborn into. For example, it is possible for a human soul to be reborn as a cat!



