

Year 1—sorting pictures and sentence models.





_____ helps us to _____ .

Date: _____

LC: Can you say why we need to eat some foods?

Date: _____

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LC: Can you say why we need to eat some foods?

Date:_____

LC: Can you sort foods into different food groups?

Food that make my bones and teeth strong.

Foods that give me energy

Foods that help me grow.

Foods that give me vitamins
and minerals to stay healthy.

