

Main Beliefs



Aim

• I can explain the main beliefs in Hinduism.

Success Criteria

- I can name the main Hindu deities.
- I can explain the main beliefs that Hindus share.

Monotheism and Polytheism

Religions around the world generally fall into two categories:

Monotheism

A belief in one god/goddess.









Polytheism

A belief in many gods/goddesses.



(Buddhists don't have a belief in any god or goddess.)

Hindu Deities

Hindus believe that there are three great gods (Māhadevas).

These are considered the **Trimurti** - the three aspects of the universal supreme God.







Hindu Deities

The **Tridevi** are goddesses who are equally important.







Deities



How much have you remembered about the different Hindu deities?

A bonus point for remembering what they are the god or goddess for!

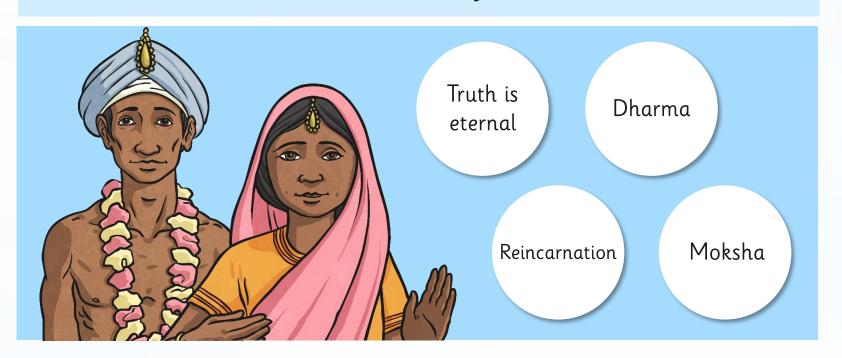


Main Beliefs

Hinduism is a religion that has fused many different traditions and practices.

There is no one way to be a Hindu.

However, there are some core beliefs that all Hindus share.



Main Beliefs – Truth is Eternal

Hindus believe that they should pursue knowledge and understanding of the truth.

Truth is the only reality.

There is one truth, but the wise can express this in many ways.

Main Beliefs – Dharma

Hindus believe that there are right and wrong ways to behave.

Dharma is a complex idea that includes the right behaviour, following the moral law (and not just what you feel like doing) and taking ones duties seriously.

Dharma is a central part of a Hindu's daily life.

According to this belief, it is necessary to do the right thing at all times.

Main Beliefs - Reincarnation

Hindus believe that all living things have a soul (athma).

They believe that the soul cannot be destroyed.

Instead they believe in reincarnation, which means that the soul exists in the body but when a living thing dies it enters a new living thing.

Karma — good and bad actions committed during one's life — affects which living thing the soul will be reborn into. For example, it is possible for a human soul to be reborn as a cat!

Main Beliefs – Moksha

Hindus believe that the ultimate goal for all Hindus is Moksha.

Moksha means liberation of the soul from the cycle of death and rebirth.

It occurs when the soul reunites with the god Brahma.

There are several ways this can happen by following the:

- Path of Duty
- · Path of Knowledge
- Path of Devotion to God

Main Beliefs Task



