Seaside Snacks

What have we made so far?











What is your favourite drink to cool you down?





If you don't drink enough you can become dehydrated. If you are dehydrated you will probably feel thirsty and you might have a headache.



Drinking water when it is hot or after exercising can stop you becoming dehydrated.



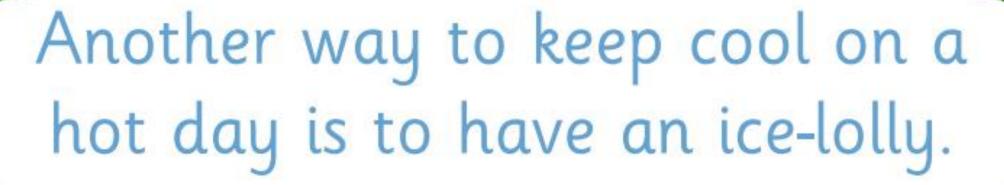


Sugary drinks or snacks are not good for us.

They damage our teeth and can cause us to gain weight. It is OK to have them as a treat, but they shouldn't be drunk all the time.













Task: Make your own fresh fruit ice lolly.

Other Tasks:







Draw and label your ice lolly. Create a wrapper for your ice lolly.

Collage a fresh fruit ice lolly.